

<b>Mary Washington Healthcare</b> 1001 Sam Perry Blvd Fredericksburg, VA 22401 Print Date & Time: 4/20/2010 14:34 Printed by: Janice Childs, RN		<b>XXXFAIN, TIARRA LASHAE</b> MR#: 832666 Room Number 3109-M Patient ID: 2 DOB: [REDACTED] Age 21 Attending: UZUCHUKWU CHIZOBA	
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### PP Flowsheet Assessment

		04/18/10	
		21:14	21:28
Temperature (F)	99.2		99.0
Temp Route	Oral		Oral
IV ASSESSMENT			
IV Site #1			
IV Assessment	No Abnormalities Noted		No Abnormalities Noted
Medication Charting for			
Record ID	109052		109052
		04/18/10	
		22:02	22:30
Stage of Pregnancy	Recovery		Postpartum
Patient Status			Del_Vag
NURSE			J.veloz, RN
Report Received From			v.Duff, RN
Transfer to PP Date/Time			04/18/10 22:35 EDT
Hourly Rounding			
Hourly Rounding Complete			Yes
VITAL SIGNS			
NBP Sys/Dia/Mea		125	
		77	
		95	
HR		20	
Respirations		98.7	
Temperature (F)		Oral	
Temp Route			
PAIN ASSESSMENT			
Pain - Location 1		Back and Abdominal pain. Nurse is aware.	back, headache, cramp
Pain Rating		4	4
Pain Intervention			declined meds
MATERNAL ASSESSMENT			
Fundal Tone			Firm
Fundal Level			1 Finger breadth above umbilicus
Fundal Placement			Midline
Lochia Color			Rubra
Lochia Amount			Moderate
Lochia Odor			None
Uterine Cramping			Mild
NEUROLOGIC			
Level of Consciousness			Awake, Alert, Oriented x 3

<b>Mary Washington Healthcare</b> 1001 Sam Perry Blvd Fredericksburg, VA 22401 Print Date & Time: 4/20/2010 14:34 Printed by: Janice Childs, RN		<b>XXXFAIN, TIARRA LASHAE</b> MR#: 832666 Patient ID: [REDACTED] DOB: [REDACTED] Attending: UZOCHUKWU CHIZOBA Room Number: 3109-M Age: 21	
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## PP Flowsheet Assessment

		04/18/10	
	22:02	22:30	22:40
Headache			Frontal
Dizziness			No
Blurred Vision			No
Extremity Numbness/Tingling			Right Leg; Left Leg Annotation: c/o numbness @ bilateral legs from above ankles to her knees; also states perineum area is still numb
Extremity Movement			Full Range of Motion
<b>CARDIOVASCULAR</b>			
Nailbeds			Pink
Skin Color			Normal for Race
Skin Temperature			Warm
Capillary Refill			Less than 3 seconds
Heart Rhythm			Auscultated Regular
Edema			None
Homan's Sign Lt. Leg			Negative
Homan's Sign Rt. Leg			Negative
<b>IV ASSESSMENT</b>			
<b>IV Site #1</b>			
IV Site			Left Hand Annotation: prna
IV Assessment			No Abnormalities Noted
<b>PULMONARY</b>			
Respiratory Effort			Normal
Breath Sounds, Left			Clear and Equal
Breath Sounds, Rt.			Clear and Equal
Cough Productivity			None
<b>BREASTS</b>			
Breasts			Soft
Nipples			Smooth; Dry
Breast Pain			None

<b>Mary Washington Healthcare</b> 1001 Sam Perry Blvd Fredericksburg, VA 22401 Print Date & Time: 4/20/2010 14:34 Printed by: Janice Childs, RN		<b>XXXFAIN, TIARRA LASHAE</b> MR#: 832666 Room Number Patient ID: [REDACTED] 3109-M DOB: [REDACTED] Age 21 Attending: OZOCHUKWU CHIZOBA	
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### PP Flowsheet Assessment

	04/19/10	
	22:02	22:30 22:40
Feeding Preference		Breast Annotation: plans to breastfeed during hospital stay. Pt will be returning to jail after hospital discharge and states she will be released from jail on 5/4/10; plans to use breast pump while in jail, per pt.
GASTROINTESTINAL		
Epigastric Pain		No
Nausea/Vomiting		Denies
Abdominal Tenderness		None in Any Quadrants
Bowel Sounds		Normoactiv e; All Quadrants
Diet Type		Regular diet
Diet Amount		Fed self without assistance
Stool Description		None
GENITOURINARY		

<b>Mary Washington Healthcare</b>		<b>XXXFAIN, TIARRA LASHAE</b>	
1001 Sam Perry Blvd Fredericksburg, VA 22401		MR#: 832666	Room Number
Print Date & Time: 4/20/2010 14:34		Patient ID: [REDACTED]	3109-M
Printed by: Janice Childs, RN		DCB: [REDACTED]	Age 21
		Attending: UZOCHUKWU CHIZOBA	

### PP Flowsheet Assessment

	04/18/10	
	22:02	22:30 22:40
Voiding		per V.Duff, pt had foley cath in place until @ 1945; states pt has attempted to void X 1 after delivery but did not void and did not have the urge to void. Encouraged pt to void; rationale explained to pt for preventing bladder distention. Pt denies the urge to void; requests to eat her boxed meal first and then states she will try; due to decreased sensation @ BLE, pt instructed to call us for assistance with ambulating to the bathroom.
Bladder Distention		Non-distended
PERINEUM		
Episiotomy/Repaired Laceration		Approximated
Perineum/Labia		Moderate Swelling
Perineum Pain		Mild

<b>Mary Washington Healthcare</b> 1001 Sam Perry Blvd Fredericksburg, VA 22401 Print Date & Time: 4/20/2010 14:34 Printed by: Janice Childs RN		<b>XXXFAIN, TIARRA LASHAE</b> MR#: 832666 Patient ID: [REDACTED] DOB: [REDACTED] Attending: UZOCHUKWU CHIZOBA Room Number 3109-M Age 21	
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### PP Flowsheet Assessment

	22:02	22:30	22:40
Hemorrhoids			Yes Annotation: denies pain and declined tucks
<b>FALL ASSESSMENT</b>			
Fall History			(0) No
Secondary Diagnosis			(0) No
Equipment Assessment			(0) No
Fall Gait Assessment			(20) Impaired Annotation: tingling @ BLE
Ambulatory Aid Assessment			(0) none/bedre st/wheelch air/nurse assist
Fall Mental Status Assess			(0) oriented to own ability
Elimination Assessment			(0) Within Normal Limits
Fall Age Assessment			(0) Age 6 - 65
Fall Detox Protocol			(0) No
Fall Vision Assessment			(0) Adequate (with or without glasses)
Fall Medications Assessment			(10) Any that affect VS, LOC or cause diuresis
Fall Score Computed			30 30
<b>COMFORT MEASURES</b>			
Treatments			Ice to Perineum
<b>ACTIVITY</b>			
Ambulate			pt in bed with guard from jail @ bedside; pt with shackle to left ankle and right arm.
<b>SAFETY</b>			

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### PP Flowsheet Assessment

	04/18/10			
	22:02	22:30	22:40	
Siderails Up			x2	
Call Bell in Reach			Yes	
Alarms working on Admission			Yes	
Bed Low and Locked			Yes	
COMMENTS				
COMMENTS			Plan of care and admission packet reviewed with pt. Pt verbalized understanding. Reviewed s/s of hemorrhage, emergency call bell system, pain management options, fall prevention, etc. Pt to complete learning needs assessment. Per V.Duff, social service consult put in for pt. Pt reports h/o passing large blood clots after dc to home after last baby. Importance of frequent bladder emptying discussed with pt. pt states desire to have baby room in with her as much as possible.	

PP Flowsheet Assessment

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EXHIBIT 1

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### PP Flowsheet Assessment

04/18/10		22:02	22:30	22:46
<b>Medication Charting for</b>				
Record ID		109052	100991	101415
RN/LPN Counter-sign				J.Veloz, RN
04/19/10				
	00:35	01:45	03:11	
Stage of Pregnancy	Postpartum			
Patient Status	Del Vag			
NURSE	V.Ball RN			
Report Received From	J.Veloz RN			
Transfer to PP Date/Time	04/18/10 22:35 EDT			
Hourly Rounding				
Hourly Rounding Complete	Yes			
<b>VITAL SIGNS</b>				
NBP Sys/Dia/Mea				103
				63
HR				91
Respirations				20
Temperature (F)				98.4
Temp.Route				Oral
<b>PAIN ASSESSMENT</b>				
Pain - Location 1	back, headache, cramp	over-all discomfort		
Pain Rating	4	4	0	
Pain Intervention	Medication	Medication		
<b>MATERNAL ASSESSMENT</b>				
Fundal Tone	Firm			
Fundal Level	1 Finger breadth above umbilicus			
Fundal Placement	Midline			
Lochia Color	Rubra			
Lochia Amount	Moderate			
Lochia Odor	None			
Uterine Cramping	Mild			
<b>NEUROLOGIC</b>				
Level of Consciousness	Awake, Alert, Oriented x 3			
Headache	Frontal			
Dizziness	No			
Blurred Vision	No			
Extremity Numbness/Tingling	Right Leg; Left Leg			
Extremity Movement	Full Range of Motion			
<b>CARDIOVASCULAR</b>				

PP Flowsheet Assessment

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Print Requested by: Janice Childs, RN

EXHIBIT 1



<b>Mary Washington Healthcare</b> 1001 Sam Perry Blvd Fredericksburg, VA 22401 Print Date & Time: 4/20/2010 14:34 Printed by: Janice Childs, RN		<b>XXXFAIN, TIARRA LASHAE</b> MR#: 832666 Patient ID: [REDACTED] DOB: [REDACTED] Attending: UZOCHUKWU CHIZOBA Room Number 3109-M Age 21	
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### PP Flowsheet Assessment

	04/19/10	00:35	01:45	03:11
Nailbeds	Pink			
Skin Color	Normal for Race			
Skin Temperature	Warm			
Capillary Refill	Less than 3 seconds			
Heart Rhythm	Auscultated Regular			
Edema	None			
Homan's Sign Lt. Leg	Negative			
Homan's Sign Rt. Leg	Negative			
IV ASSESSMENT				
IV Site #1				
IV Procedures	PRNA Flushed			
IV Site	Left Hand			
Dressing Type	Transparent			
IV Assessment	No Abnormalities Noted			
PULMONARY				
Respiratory Effort	Normal			
Breath Sounds, Left	Clear and Equal			
Breath Sounds, Rt.	Clear and Equal			
Cough Productivity	None			
BREASTS				
Breasts	Soft			
Nipples	Smooth; Dry			
Breast Pain	None			
Feeding Preference	Breast			
GASTROINTESTINAL				
Epigastric Pain	No			
Nausea/Vomiting	Denies			
Abdominal Tenderness	With Palpation			
Bowel Sounds	Normoactive; All Quadrants			
Diet Type	Regular diet			
Diet Amount	Fed self without assistance			
Stool Description	None			
GENITOURINARY				
Voiding	Voiding Freely			
Bladder Distention	Non-distended			

PP Flowsheet Assessment

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EXHIBIT 1



<b>Mary Washington Healthcare</b> 1001 Sam Perry Blvd Fredericksburg, VA 22401 Print Date & Time: 4/20/2010 14:34 Printed by: Janice Childs, RN		<b>XXXFAIN, TIARRA LASHAE</b> MR#: 832666 Room Number Patient ID: [REDACTED] 3109-M DOB: [REDACTED] Age 21 Attending: UZOCHUKWU CHIZOBA	
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### PP Flowsheet Assessment

	00:35	01:45	03:15
<b>PERINEUM</b>			
Episiotomy/Repaired Laceration	Approximate		
Perineum/Labia	Moderate Swelling		
Perineum Pain	Mild		
Hemorrhoids	Yes		
<b>FALL ASSESSMENT</b>			
Fall History	(0) No		
Secondary Diagnosis	(0) No		
Equipment Assessment	(0) No		
Fall Gait Assessment	(20) Impaired		
Ambulatory Aid Assessment	(0) none/bedrest/wheelchair/nurse assist		
Fall Mental Status Assess	(0) oriented to own ability		
Elimination Assessment	(0) Within Normal Limits		
Fall Age Assessment	(0) Age 6 - 65		
Fall Detox Protocol	(0) No		
Fall Vision Assessment	(0) Adequate (with or without glasses)		
Fall Medications Assessment	(10) Any that affect VS, LOC or cause diuresis		
Fall Score Computed	30		
	30		
<b>COMFORT MEASURES</b>			
Treatments	Ice to Perineum		
<b>ACTIVITY</b>			
Ambulate	Tolerated Well		
<b>SAFETY</b>			
Siderails Up	x2		
Call Bell In Reach	Yes		
Alarms working on Admission	Yes		
Bed Low and Locked	Yes		
Medication Charting for			
PP Patients Located on AP			

**Mary Washington Healthcare**1001 Sam Perry Blvd  
Fredericksburg, VA 22401Print Date & Time: 4/20/2010 14:34  
Printed by: Janice Childs RN**XXXFAIN, TIARRA LASHAE**

MR#: 832666

Room Number

Patient ID

3109-M

DOB:

Age 21

Attending: UZOCHUKWU CHIZOBA

**PP Flowsheet Assessment**

		04/19/10		
		00:35	01:45	03:11
Analgesics	Morlin @	Percocet PO @		
Record ID	102499	102499	100991	
RN/LPN Countersign	V.Ball RN			
		04/19/10		
		03:27	06:54	07:58
Stage of Pregnancy	Postpartum			
Patient Status	Del_Vag			
NURSE	V.Ball RN			
Transfer to PP Date/Time	04/18/10 22:35 EDT			
Hourly Rounding				
Hourly Rounding Complete	Yes			Yes
<b>VITAL SIGNS</b>				
NBP Sys/Dia/Mea				115 Annotation: 115/78
HR				86
Respirations				20
Temperature (F)				98.1
Temp Route				Oral
<b>PAIN ASSESSMENT</b>				
Pain - Location 1	abdominal discomfort	abdominal discomfort	abdomen	
Pain Rating	2-3	4	4	
Pain Intervention		Medication	Medication Annotation: declines meds at this time	
<b>MATERNAL ASSESSMENT</b>				
Fundal Tone	Firm			
Fundal Level	At umbilicus			
Fundal Placement	Midline			
Lochia Color	Rubra			
Lochia Amount	Moderate			
Lochia Odor	None			
Uterine Cramping	Mild			
<b>NEUROLOGIC</b>				
Level of Consciousness	Awake, Alert, Oriented x 3			
Dizziness	No			
Blurred Vision	No			
Extremity Numbness/Tingling	Right Leg; Left Leg			
Extremity Movement	Full Range of Motion			
<b>CARDIOVASCULAR</b>				

PP Flowsheet Assessment

Print Requested by: Janice Childs RN

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EXHIBIT 1

**Mary Washington Healthcare**1001 Sam Perry Blvd  
Fredericksburg, VA 22401Print Date & Time: 4/20/2010 14:34  
Printed by: Janice Childs, RN**XXXFAIN, TIARRA LASHAE**

MR#: 832666

Room Number

Patient ID: [REDACTED]

3109-M

DOB: [REDACTED]

Age 21

Attending: UZOCHUKWU CHIZOBA

**PP Flowsheet Assessment**

		04/19/10		
		03:27	06:54	07:58
Nailbeds	Pink			
Skin Color	Normal for Race			
Skin Temperature	Warm			
Heart Rhythm	Auscultated Regular			
Edema	None			
Homan's Sign Lt. Leg	Negative			
Homan's Sign Rt. Leg	Negative			
<b>IV ASSESSMENT</b>				
IV Site #1				
IV Procedures	PRNA Flushed			
IV Site	Left Hand			
Dressing Type	Transparent			
IV Assessment	No Abnormalities Noted			
<b>PULMONARY</b>				
Respiratory Effort	Normal			
Breath Sounds, Left	Clear and Equal			
Breath Sounds, Rt.	Clear and Equal			
Cough Productivity	None			
<b>BREASTS</b>				
Breasts	Soft			
Nipples	Smooth; Dry			
Breast Pain	None			
Feeding Preference	Breast			
<b>GASTROINTESTINAL</b>				
Epigastric Pain	No			
Nausea/Vomiting	Denies			
Abdominal Tenderness	With Palpation			
Bowel Sounds	Normoactive; All Quadrants			
Diet Type	Regular diet			
Diet Amount	Fed self without assistance			
Stool Description	None			
<b>GENITOURINARY</b>				
Voiding	Voiding Freely			
Bladder Distention	Non-distended			
<b>PERINEUM</b>				

<b>Mary Washington Healthcare</b> 1001 Sam Perry Blvd Fredericksburg, VA 22401 Print Date & Time: 4/20/2010 14:34 Printed by: Janice Childs, RN		<b>XXXFAIN, TIARRA LASHAE</b> MR#: 832666 Patient ID: [REDACTED] DOB: [REDACTED] Age 21 Attending: UZOCHUKWU CHIZOBA Room Number 3109-M	
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### PP Flowsheet Assessment

	04/19/10	03:27	06:54	07:58
Episiotomy/Repaired Laceration	Approximate			
Perineum/Labia	Moderate Swelling			
Perineum Pain	Mild			
Hemorrhoids	Yes			
<b>FALL ASSESSMENT</b>				
Fall History	(0) No			
Secondary Diagnosis	(0) No			
Equipment Assessment	(0) No			
Fall Gait Assessment	(20) Impaired			
Ambulatory Aid Assessment	(0) none/bedrest/wheelchair/nurse assist			
Fall Mental Status Assess	(0) oriented to own ability			
Elimination Assessment	(0) Within Normal Limits			
Fall Age Assessment	(0) Age 6 - 65			
Fall Detox Protocol	(0) No			
Fall Vision Assessment	(0) Adequate (with or without glasses)			
Fall Medications Assessment	(10) Any that affect VS, LOC or cause diuresis			
Fall Score Computed	30			
<b>COMFORT MEASURES</b>				
Treatments	Ice to Perineum			
<b>ACTIVITY</b>				
Ambulate	Tolerated Well			
<b>SAFETY</b>				
Siderails Up	x2			
Call Bell In Reach	Yes			
Alarms working on Admission	Yes			
Bed Low and Locked	Yes			
Medication Charting for				
PP Patients Located on AP				
Analgesics	Motrin @	Motrin @;	Percocet	PO @

**Mary Washington Healthcare**1001 Sam Perry Blvd  
Fredericksburg, VA 22401Print Date & Time: 4/20/2010 14:34  
Printed by: Janice Childs, RN**XXXFAIN, TIARRA LASHAE**

MR#: 832666

Room Number

Patient ID: [REDACTED]

3109-M

DOB: [REDACTED]

Age 21

Attending: OZOCUKWU CHIZOBA

**PP Flowsheet Assessment**

	04/19/10		
	03:27	06:54	07:58
Record ID	102499	102499	111968
RN/LPN Countersign	V. Ball RN		
	04/19/10		
	08:30	12:00	12:05
Stage of Pregnancy	Postpartum	Postpartum	
Patient Status	Del_Vag	Del_Vag	
NURSE	M. Field, RN	M. Field, RN	
Hourly Rounding			
Hourly Rounding Complete	Yes	Yes	
VITAL SIGNS			
NBP Sys/Dia/Mea			131
			83
HR			91
Respirations			18
Temperature (F)			98.1
Temp Route			Oral
PAIN ASSESSMENT			
Pain - Location 1	Perineum discomfort	Perineum discomfort	perineum Annotation: states "my nurse is getting me medicine"
Pain Rating	4	2	4
Pain Intervention	Other - Please Annotate Annotation: Discussed pain control	Medication Annotation: sitz bath given	
Pain - Location 2	Patient receive Motrin and 1 Percocet @0650.		
MATERNAL ASSESSMENT			
Fundal Tone	Firm	Firm	
Fundal Level	1 Finger breadth below umbilicus	1 Finger breadth below umbilicus	
Fundal Placement	Midline	Midline	
Lochia Color	Rubra	Rubra	
Lochia Amount	Light	Light	
Lochia Odor	None	None	
Uterine Cramping	None	None	
NEUROLOGIC			
Level of Consciousness	Awake, Alert, Oriented x 3	Awake, Alert, Oriented x 3	



**Mary Washington Healthcare**1001 Sam Perry Blvd  
Fredericksburg, VA 22401

Print Date &amp; Time: 4/20/2010 14:34

Printed by: Janice Childs, RN

**XXXFAIN, TIARRA LASHAE**

MR#: 832666

Room Number

Patient ID: [REDACTED]

3109-M

DOB: [REDACTED]

Age 21

Attending: OZUCHUKWU CHIZOBA

**PP Flowsheet Assessment**

	04/19/10	
	08:30	12:00
Extremity Numbness/Tingling	None	None
Extremity Movement	Full Range of Motion	Full Range of Motion
<b>CARDIOVASCULAR</b>		
Nailbeds	Pink	Pink
Skin Color	Normal for Race	Normal for Race
Skin Temperature	Warm	Warm
Capillary Refill	Less than 3 seconds	Less than 3 seconds
Heart Rhythm	Auscultated Regular	Auscultated Regular
Edema	None	None
Edema Location	No edema noted	No edema noted
Homan's Sign Lt. Leg	Negative	Negative
Homan's Sign Rt. Leg	Negative	Negative
<b>IV ASSESSMENT</b>		
IV Site #1		
IV Site	Left Wrist	Left Wrist
Dressing Type	Transparent	Transparent
IV Assessment	No Abnormalities Noted	No Abnormalities Noted
<b>PULMONARY</b>		
Respiratory Effort	Normal	Normal
Breath Sounds, Left	Clear and Equal	Clear and Equal
Breath Sounds, Rt.	Clear and Equal	Clear and Equal
Cough Productivity	None	None
<b>BREASTS</b>		
Breasts	Soft	Soft
Nipples	Smooth; Dry	Smooth; Dry
Breast Pain	None	None
Feeding Preference	Breast	Breast
<b>GASTROINTESTINAL</b>		
Epigastric Pain	No	No
Nausea/Vomiting	Denies	Denies
Abdominal Tenderness	With Palpation	With Palpation
Bowel Sounds	Normoactive; All Quadrants	Normoactive; All Quadrants
Diet Type	Regular diet	Regular diet
Diet Amount	Fed self without assistance	Fed self without assistance

**Mary Washington Healthcare**1001 Sam Perry Blvd  
Fredericksburg, VA 22401

Print Date &amp; Time: 4/20/2010 14:34

Printed by: Janice Childs, RN

**XXXFAIN, TIARRA LASHAE**

MR#: 832666

Room Number

Patient ID: [REDACTED]

3109-M

DOB: [REDACTED]

Age 21

Attending: UZOCHUKWU CHIZOBA

**PP Flowsheet Assessment**

	04/19/10	
	08:30	12:00
Stool Description	Passing Flatus; None	Passing Flatus; None
<b>GENITOURINARY</b>		
Voiding	Voiding Freely	Voiding Freely
Bladder Distention	Non-distended	Non-distended
<b>PERINEUM</b>		
Episiotomy/Repaired Laceration	Approximated	Approximated
Perineum/Labia	Minimal Swelling	Minimal Swelling
Perineum Pain	Mild	Mild
Hemorrhoids	No	No
<b>FALL ASSESSMENT</b>		
Fall History	(0) No	(0) No
Secondary Diagnosis	(0) No	(0) No
Equipment Assessment	(0) No	(0) No
Fall Gait Assessment	(0) normal/bed rest/immobile	(0) normal/bed rest/immobile
Ambulatory Aid Assessment	(0) none/bed rest/wheelchair/nurse assist	(0) none/bed rest/wheelchair/nurse assist
Fall Mental Status Assess	(0) oriented to own ability	(0) oriented to own ability
Elimination Assessment	(0) Within Normal Limits	(0) Within Normal Limits
Fall Age Assessment	(0) Age 6 - 65	(0) Age 6 - 65
Fall Detox Protocol	(0) No	(0) No
Fall Vision Assessment	(0) Adequate (with or without glasses)	(0) Adequate (with or without glasses)
Fall Medications Assessment	(10) Any that affect VS, LOC or cause diuresis	(10) Any that affect VS, LOC or cause diuresis
Fall Score Computed	10	10
<b>HYGIENE</b>		
Shower	Self	Self
Pericare	Self	Self
Oral Care	Self	Self
<b>ACTIVITY</b>		

PP Flowsheet Assessment

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Print Requested by: Janice Childs, RN

**EXHIBIT 1**



**Mary Washington Healthcare**

1001 Sam Perry Blvd  
Fredericksburg, VA 22401

Print Date & Time: 4/20/2010 14:34  
Printed by: Janice Childs, RN

**XXXFAIN, TIARRA LASHAE**

MR#: 832666

Room Number  
3109-M

Patient ID: [REDACTED]

DOB: [REDACTED]

Age 21

Attending: UZOCHUKWU CHIZOBA

**PP Flowsheet Assessment**

		04/19/10		
		08:30	12:00	12:05
Ambulate		Tolerated Well	Tolerated Well	
Chair		Tolerated Well	Tolerated Well	
SAFETY				
Siderails Up		x2	x2	
Call Bell in Reach		Yes	Yes	
Alarms working on Admission		Yes	Yes	
Bed Low and Locked		Yes	Yes	
COMMENTS				
COMMENTS		Assessment as noted. Patient is lying in bed with guard at bedside.		
Medication Charting for				
Record ID		105365	105365	100365
RN/LPN Countersign				M. Field, RN
		04/19/10		
		12:15	16:00	17:15
Stage of Pregnancy			Postpartum	
Patient Status			Del Vag	
NURSE			M. Field, RN	
Hourly Rounding				
Hourly Rounding Complete			Yes	
VITAL SIGNS				
NBP-Sys/Dia/Mea				110
				67
HR				93
Respirations				20
Temperature (F)				98.6
Temp Route				Oral
PAIN ASSESSMENT				
Pain - Location 1			Perineum discomfort	0
Pain Rating			4	
Pain Intervention			Medication Annotation: 1 percocet and motrin given for pain	
MATERNAL ASSESSMENT				
Fundal Tone			Firm	
Fundal Level			1 Finger breadth below umbilicus	
Fundal Placement			Midline	
Lochia Color			Rubra	

PP Flowsheet Assessment

Print Requested by: Janice Childs, RN

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EXHIBIT 1

**Mary Washington Healthcare**

1001 Sam Perry Blvd  
Fredericksburg, VA 22401

Print Date & Time: 4/20/2010 14:34  
Printed by: Janice Childs, RN

**XXXFAIN, TIARRA LASHAE**

MR#: 832666

Room Number

Patient ID: [REDACTED]

3109-M

DOB: [REDACTED]

Age 21

Attending: UZOCHUKWU CHIZOBA

**PP Flowsheet Assessment**

	04/19/10	
	12:15	16:00 17:15
Lochia Amount		Light
Lochia Odor		None
Uterine Cramping		None
<b>NEUROLOGIC</b>		
Level of Consciousness		Awake, Alert, Oriented x 3
Extremity Numbness/Tingling		None
Extremity Movement		Full Range of Motion
<b>CARDIOVASCULAR</b>		
Nailbeds		Pink
Skin Color		Normal for Race
Skin Temperature		Warm
Capillary Refill		Less than 3 seconds
Heart Rhythm		Auscultated Regular
Edema		None
Edema Location		No edema noted.
Homan's Sign Lt. Leg		Negative
Homan's Sign Rt. Leg		Negative
<b>IV ASSESSMENT</b>		
IV Site #1		Left Wrist
IV Site		Transparent
Dressing Type		No
IV Assessment		Abnormalities Noted
<b>PULMONARY</b>		
Respiratory Effort		Normal
Breath Sounds, Left		Clear and Equal
Breath Sounds, Rt.		Clear and Equal
Cough Productivity		None
<b>BREASTS</b>		
Breasts		Soft
Nipples		Smooth; Dry
Breast Pain		None
Feeding Preference		Breast
<b>GASTROINTESTINAL</b>		
Epigastric Pain		No
Nausea/Vomiting		Denies
Abdominal Tenderness		With Palpation

**Mary Washington Healthcare**1001 Sam Perry Blvd  
Fredericksburg, VA 22401Print Date & Time: 4/20/2010 14:34  
Printed by: Janice Childs, RN**XXXFAIN, TIARRA LASHAE**

MR#: 832666

Room Number

Patient ID: [REDACTED]

3109-M

DOB: [REDACTED]

Age 21

Attending: UZOCHUKWU CHIZOBA

**PP Flowsheet Assessment**

		04/19/10	
		12:15	16:00
Bowel Sounds		Normoactive; All Quadrants	
Diet Type		Regular diet	
Diet Amount		Fed self without assistance	
Stool Description		Passing Flatus; None	
<b>GENITOURINARY</b>			
Voiding		Voiding Freely	
Bladder Distention		Non-distended	
<b>PERINEUM</b>			
Episiotomy/Repaired Laceration		Approximated	
Perineum/Labia		Minimal Swelling	
Perineum Pain		Mild	
Hemorrhoids		No	
<b>FALL ASSESSMENT</b>			
Fall History		(0) No	
Secondary Diagnosis		(0) No	
Equipment Assessment		(0) No	
Fall Gait Assessment		(0) normal/bed rest/immobile	
Ambulatory Aid Assessment		(0) none/bed rest/wheelchair/nurse assist	
Fall Mental Status Assess		(0) oriented to own ability	
Elimination Assessment		(0) Within Normal Limits	
Fall Age Assessment		(0) Age 6 - 65	
Fall Detox Protocol		(0) No	
Fall Vision Assessment		(0) Adequate (with or without glasses)	
Fall Medications Assessment		(10) Any that affect VS, LOC or cause diuresis	

PP Flowsheet Assessment

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Print Requested by: Janice Childs, RN

**EXHIBIT 1**

<b>Mary Washington Healthcare</b> 1001 Sam Perry Blvd Fredericksburg, VA 22401 Print Date & Time: 4/20/2010 14:34 Printed by: Janice Childs, RN	<b>XOXFAIN, TIARRA LASHAE</b> MR#: 832666      Room Number Patient ID: [REDACTED]      3109-M DOB: [REDACTED]      Age 21 Attending: UZOCHUKWU CHIZOBA
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### PP Flowsheet Assessment

		04/19/10		
		12:15	16:00	17:45
Fall Score Computed			10	
			10	
<b>COMFORT MEASURES</b>				
Treatments	Sitz Bath			
<b>HYGIENE</b>				
Shower			Self	
Pericare			Self	
Oral Care			Self	
<b>ACTIVITY</b>				
Ambulate			Tolerated Well	
Chair			Tolerated Well	
<b>SAFETY</b>				
Side rails Up			x2	
Call Bell In Reach			Yes	
Alarms working on Admission			Yes	
Bed Low and Locked			Yes	
<b>COMMENTS</b>				
COMMENTS	Demonstrated sitz bath and epsom salt given. Pt up to bathroom to do sitz bath.			
Medication Charting for				
Record ID	105365	105365	100156	
RN/LPN Countersign			M. Field, RN	
		04/19/10		
		22:14	23:20	23:50
Stage of Pregnancy				Postpartum
Patient Status				Del_Vag
NURSE				B. Anderson, RN
Hourly Rounding				Yes
Hourly Rounding Complete				
<b>VITAL SIGNS</b>				
NBP Sys/Dia/Mea			Patient Breastfeed ing.	
<b>PAIN ASSESSMENT</b>				
Pain - Location 1	abdomen			Denies
Pain Rating	3			
Pain Intervention	Medication Annotation: 1 percocet and motrin			

**Mary Washington Healthcare**

1001 Sam Perry Blvd  
Fredericksburg, VA 22401

Print Date & Time: 4/20/2010 14:34  
Printed by: Janice Childs, RN

**XXXFAIN, TIARRA LASHAE**

MR#: 832666

Patient ID: [REDACTED]

DOB: [REDACTED]

Attending: UZOCHUKWU CHIZOBA

Room Number  
3109-M

Age 21

**PP Flowsheet Assessment**

	22:14	23:20	23:50
<b>MATERNAL ASSESSMENT</b>			
Fundal Tone			Firm
Fundal Level			1 Finger breadth below umbilicus
Fundal Placement			Midline
Lochia Color			Rubra
Lochia Amount			Light
Lochia Odor			None
Uterine Cramping			None
<b>NEUROLOGIC</b>			
Level of Consciousness			Awake, Alert, Oriented x 3
Extremity Numbness/Tingling			None
Extremity Movement			Full Range of Motion
<b>CARDIOVASCULAR</b>			
Nailbeds			Pink
Skin Color			Normal for Race
Skin Temperature			Warm
Capillary Refill			Less than 3 seconds
Heart Rhythm			Auscultated Regular
Edema			None
Edema Location			No edema noted
Homan's Sign Lt. Leg			Negative
Homan's Sign Rt. Leg			Negative
<b>IV ASSESSMENT</b>			
IV Site #1			
IV Assessment			Pt. stated that she took her IV out herself because it was bothering her. Pt. instructed that she should have called nurse to let her know that she would like it out.
<b>PULMONARY</b>			



<b>Mary Washington Healthcare</b>		<b>XXXFAIN, TIARRA LASHAE</b>	
1001 Sam Perry Blvd Fredericksburg, VA 22401		MR#: 832666	Room Number 3109-M
Print Date & Time: 4/20/2010 14:34		Patient ID: [REDACTED]	Age 21
Printed by: Janice Childs, RN		DOB: 5/1/88	Attending: UZOCHUKWU CHIZOBA

### PP Flowsheet Assessment

	04/19/10	
	22:14	23:20 23:50
Respiratory Effort		Normal
Breath Sounds, Left		Clear and Equal
Breath Sounds, Rt.		Clear and Equal
Cough Productivity		None
<b>BREASTS</b>		
Breasts		Soft
Nipples		Smooth; Dry
Breast Pain		None
Feeding Preference		Breast
<b>GASTROINTESTINAL</b>		
Epigastric Pain		No
Nausea/Vomiting		Denies
Abdominal Tenderness		With Palpation
Bowel Sounds		Normoactive; All Quadrants
Diet Type		Regular diet
Diet Amount		Fed self without assistance
Stool Description		Passing Flatus; None
<b>GENITOURINARY</b>		
Voiding		Voiding Freely
Bladder Distention		Non-distended
<b>PERINEUM</b>		
Episiotomy/Repaired Laceration		Approximated
Perineum/Labia		Minimal Swelling
Perineum Pain		Mild
Hemorrhoids		No
<b>FALL ASSESSMENT</b>		
Fall History		(0) No
Secondary Diagnosis		(0) No
Equipment Assessment		(0) No
Fall Gait Assessment		(0) normal/bed rest/immobile
Ambulatory Aid Assessment		(0) none/bedrest/wheelchair/nurse assist

**Mary Washington Healthcare**1001 Sam Perry Blvd  
Fredericksburg, VA 22401Print Date & Time: 4/20/2010 14:34  
Printed by: Janice Childs, RN**XXXFAIN, TIARRA LASHAE**

MR#: 832666

Room Number

Patient ID: [REDACTED]

3109-M

DCB: [REDACTED]

Age 21

Attending: UZOCHUKWU CHIZOBA

**PP Flowsheet Assessment**

	04/19/10	04/20/10
	22:14	23:20
Fall Mental Status Assess		(0) oriented to own ability
Elimination Assessment		(0) Within Normal Limits
Fall Age Assessment		(0) Age 6 - 65
Fall Detox Protocol		(0) No
Fall Vision Assessment		(0) Adequate (with or without glasses)
Fall Medications Assessment		(10) Any that affect VS, LOC or cause diuresis
Fall Score Computed		10
		10
<b>HYGIENE</b>		
Shower		Self
Pericare		Self
Oral Care		Self
<b>ACTIVITY</b>		
Ambulate		Tolerated Well
Chair		Tolerated Well
<b>SAFETY</b>		
Siderails Up		x2
Call Bell in Reach		Yes
Alarms working on Admission		Yes
Bed Low and Locked		Yes
Medication Charting for		
Record ID	101239	100991
		111636
	04/19/10	04/20/10
	23:53	07:55
Stage of Pregnancy		08:10
Patient Status		Postpartum
NURSE		Del Vag
Report Received From		J. Childs RN
		B. Anderson RN
<b>VITAL SIGNS</b>		
NBP Sys/Dia/Mea	110	118
	65	83
HR	86	87
Respirations	20	17
Temperature (F)	98.5	97.7
Temp Route	Oral	Oral



<b>Mary Washington Healthcare</b> 1001 Sam Perry Blvd Fredericksburg, VA 22401 Print Date & Time: 4/20/2010 14:34 Printed by: Janice Childs, RN		<b>XXXFAIN, TIARRA LASHAE</b> MR#: 832666 Patient ID: [REDACTED] DOB: [REDACTED] Attending: UZOCHUKWU CHIZOBA Room Number: 3109-M Age: 21	
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### PP Flowsheet Assessment

	04/19/10	04/20/10
	23:53	07:55
<b>PAIN ASSESSMENT</b>		
Pain Rating	0	3
Pain Intervention		Medication
<b>MATERNAL ASSESSMENT</b>		
Fundal Tone		Firm
Fundal Level		1 Finger breadth below umbilicus
Fundal Placement		Midline
Lochia Color		Rubra
Lochia Amount		Light
Lochia Odor		None
Uterine Cramping		None
<b>NEUROLOGIC</b>		
Level of Consciousness		Awake, Alert, Oriented x 3
Headache		None
Dizziness		No
Blurred Vision		No
Extremity Numbness/Tingling		None
Extremity Movement		Full Range of Motion
<b>CARDIOVASCULAR</b>		
Nailbeds		Pink
Skin Color		Normal for Race
Skin Temperature		Warm
Capillary Refill		Less than 3 seconds
Heart Rhythm		Auscultated Regular
Edema		None
Edema Location		No edema noted.
Homan's Sign Lt. Leg		Negative
Homan's Sign Rt. Leg		Negative
<b>IV ASSESSMENT</b>		
<b>PULMONARY</b>		
Respiratory Effort		Normal
Breath Sounds, Left		Clear and Equal
Breath Sounds, Rt.		Clear and Equal
Cough Productivity		None
<b>BREASTS</b>		
Breasts		Soft
Nipples		Smooth; Dry